

TROT 4 KIDS

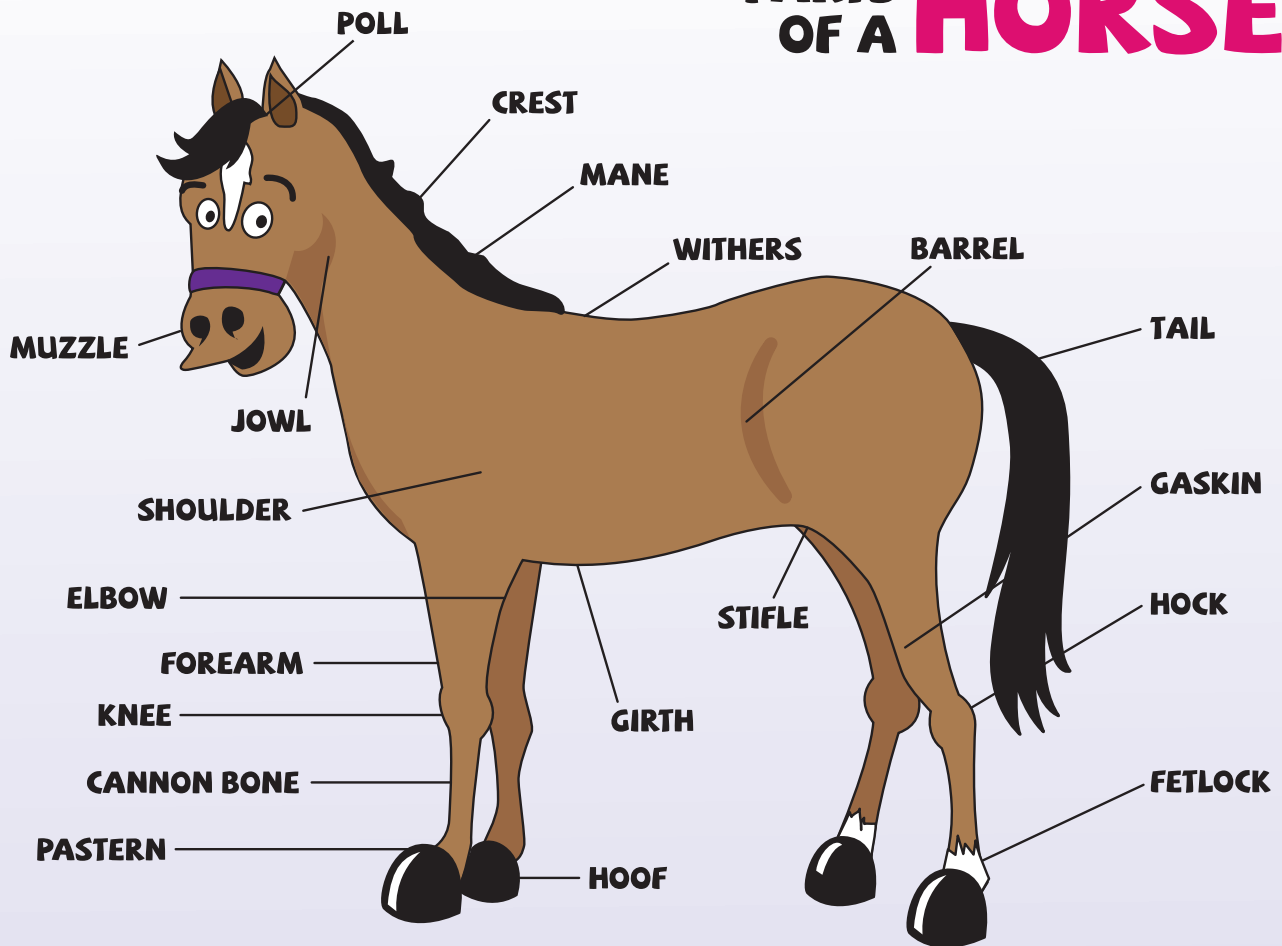
HARNESS RACING ACTIVITY BOOK



COLOUR ME IN...

**TAYLOR TROT
AND WILLIE WIN**

PARTS OF A HORSE



FILL IN THE BLANKS

Fill in the blanks by using the terms found in the diagram above.

1. Except for the ears, the _____ is the highest point on a horse's body.
2. The _____ extends from the fetlock to the top of the hoof.
3. The _____ is the joint between the cannon bone and the pastern.
4. The _____ is visible from the front leg. (Above the pastern.)
5. The _____ is the region between the stifle and the hock.
6. The _____ is the joint at the end of the thigh corresponding to the human knee.
7. The height of a horse is measured vertically from the _____ to the ground.
8. The _____ is the joint between the forearm and the cannon bone.

HORSE TRIVIA



How much do you know about horses?
Answer the questions below and find out.

1. YOU MEASURE HOW TALL YOUR HORSE IS IN...

1. Hands
2. Inches
3. Metres

2. WHICH OF THESE IS NOT A NATURAL "GAIT"?

1. Trot
2. Cha Cha
3. Gallop

3. HORSES ARE ABLE TO RACE UNTIL THEY ARE HOW OLD?

1. 14 years old
2. 15 years old
3. 10 years old

4. ALL STANDARDBREDS SHARE THIS BIRTHDAY.

1. December 25th
2. July 1st
3. January 1st

5. YOU USE THIS TOOL TO CLEAN OUT YOUR HORSE'S FEET.

1. Shovel
2. Hoof pick
3. Sweat scraper

6. WHICH OF THESE IS NOT A PIECE OF RACING EQUIPMENT?

1. Scalper
2. Skirt
3. Shin Boot



FUN FACTS ABOUT HORSES!

1. Horses are social animals and will get lonely if kept alone.
2. Human hair, fingernails and horse hooves are made from the same protein.
3. Horses like sweet flavors and will usually reject anything sour or bitter.
4. Horses cannot breathe through their mouths.
5. Horses can sleep both lying down and standing.
6. Horses with pink skin can get a sunburn.
7. A horse will drink at least 25 gallons of water a day.
8. There are about 205 bones in a horse's skeleton.
9. Horses are not color-blind.
10. Horses can not vomit.



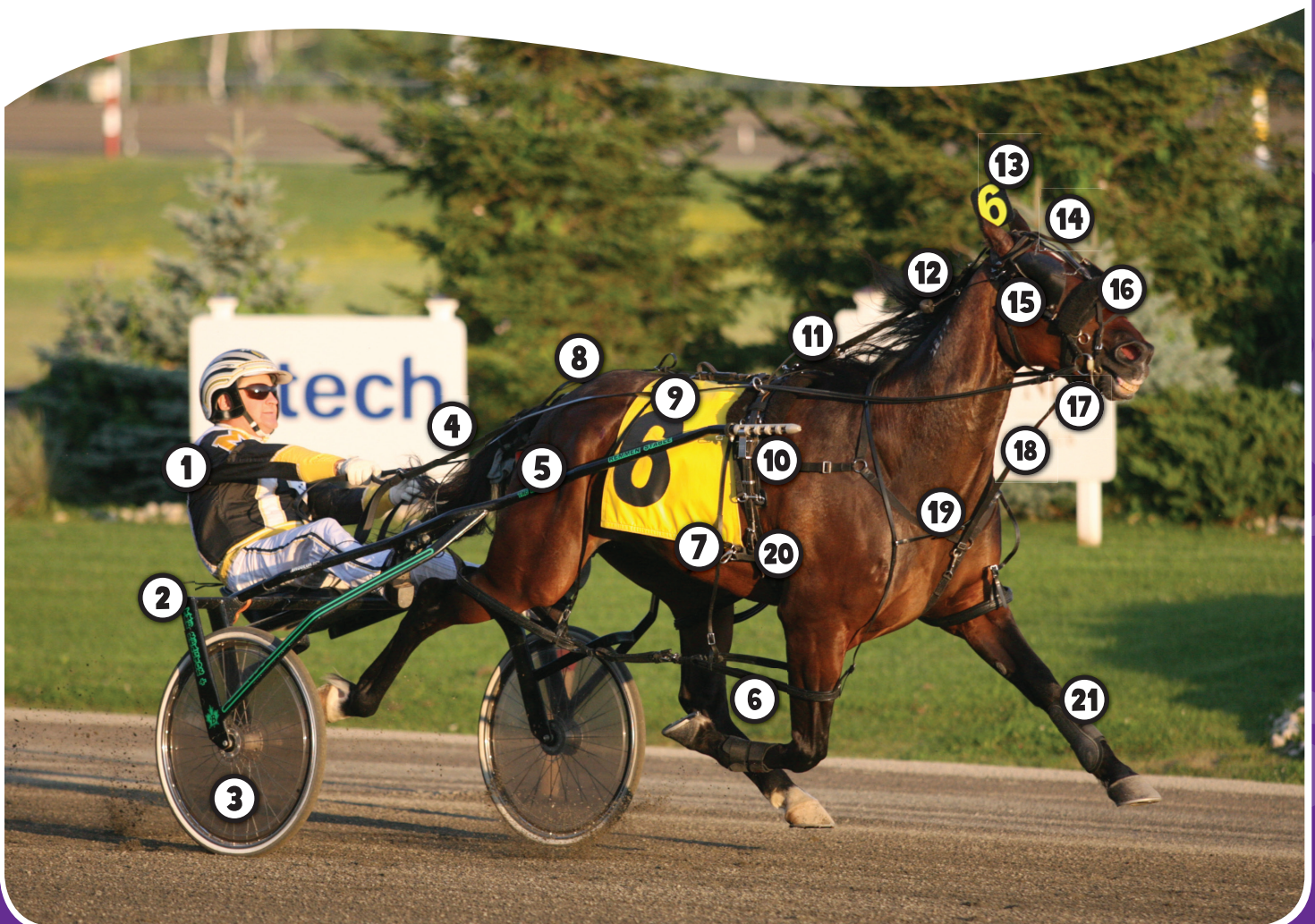
DID YOU KNOW...

Most of the time, a horse's ears point where he is looking. You can tell if a horse is cold by feeling just behind their ears. If they feel cold, so is the horse.

THE STANDARD BRED PACER IN HARNESS

There are a lot of elements that make up the equipment a harness horse wears to race.
Can you name them all? Let's find out.

- | | | |
|-----------------|----------------------|----------------|
| ① DRIVER | ⑧ CRUPPER | ⑮ MURPHY BLIND |
| ② RACE BIKE | ⑨ SADDLE PAD | ⑯ SHADOW ROLL |
| ③ WHEEL DISK | ⑩ QUICK HITCH | ⑰ DRIVING BELT |
| ④ LINES | ⑪ OVERCHECK | ⑱ MARTINGALE |
| ⑤ SHAFT | ⑫ EAR PLUG (REMOVED) | ⑲ BUXTON |
| ⑥ HOPPLE | ⑬ HEAD NUMBER | ⑳ GIRTH |
| ⑦ HOPPLE HANGER | ⑭ BLIND BRIDLE | ㉑ SHIN BOOT |



TROTTING OR PACING

Fill in the blanks using the words listed below.

LEFT

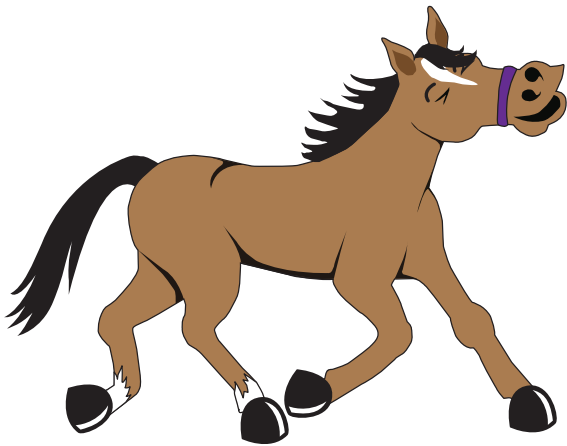
HIND

RIGHT

FRONT

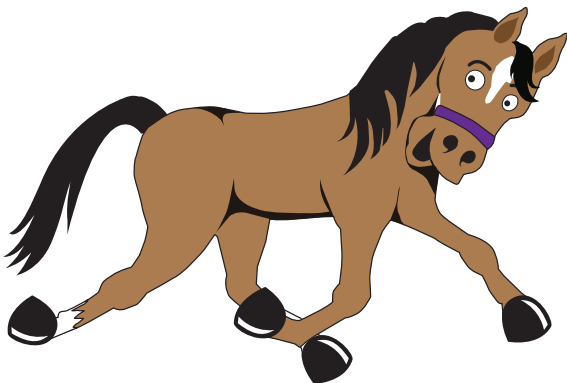
LEGS

RIGHT



TROTTING

When a horse is trotting, his _____ are moving diagonally. This means when his right front leg is moving, his _____ back leg is moving the same way, while his left front leg and _____ back leg are moving together. Sound confusing? See how Willie Win is moving? That's a trot.



PACING

When a horse is pacing, his legs are moving in a lateral motion. This means when his right front leg is moving, so is his _____ hind leg. Same for the other side, when his left _____ leg is moving so is his left _____ leg. Take a look at Willie Win to see what pacing looks like.

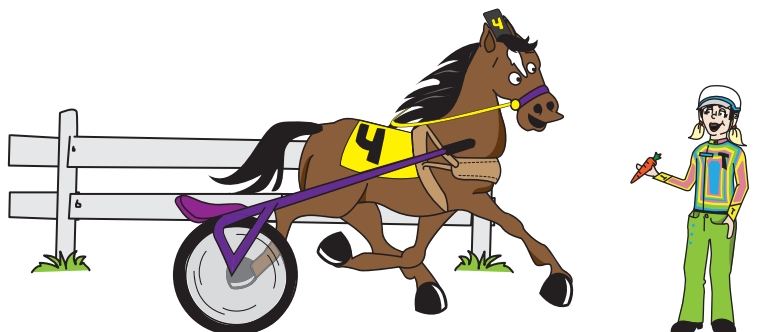
HARNESS DRIVERS

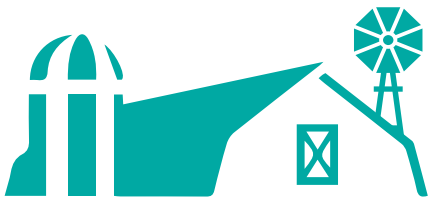
This is the person who drives the horses in races. Being a professional harness driver is probably one of the coolest jobs on the planet! They sit in the race bike (sulky) and are in the heat of the action, steering horses that weigh over 1,000 pounds and travelling up to speeds of 50 km per hour. When they win a race, they are basking in the winner's circle in front of the cheering fans! How exciting!

Harness drivers must be licensed, and they need to be physically fit, comfortable around horses, aware of safety precautions and able to react quickly! Along with the racehorses, they are the stars of the sport!

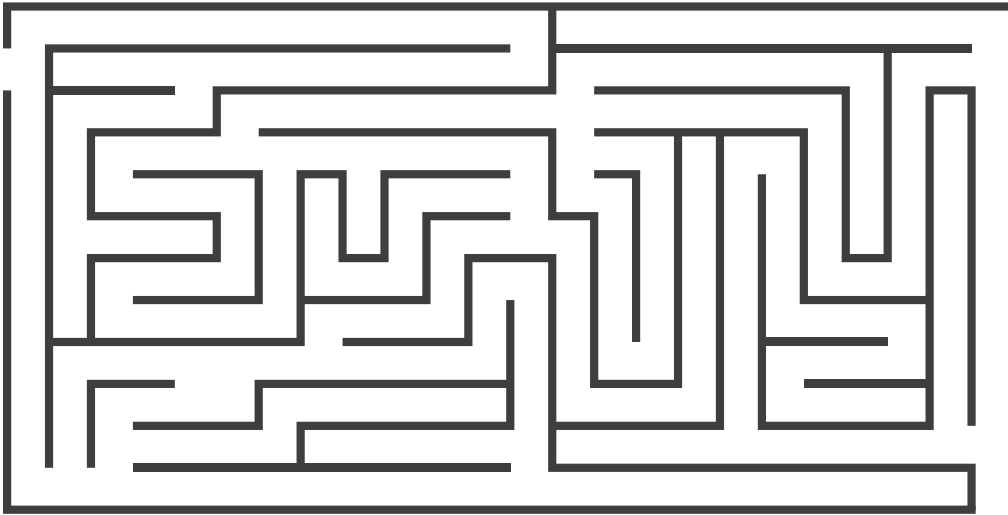
DID YOU KNOW...

A horse's teeth never stop growing and the best way to determine his age is by examining his teeth. Adult male horses usually have 40 teeth, while females have only 36.



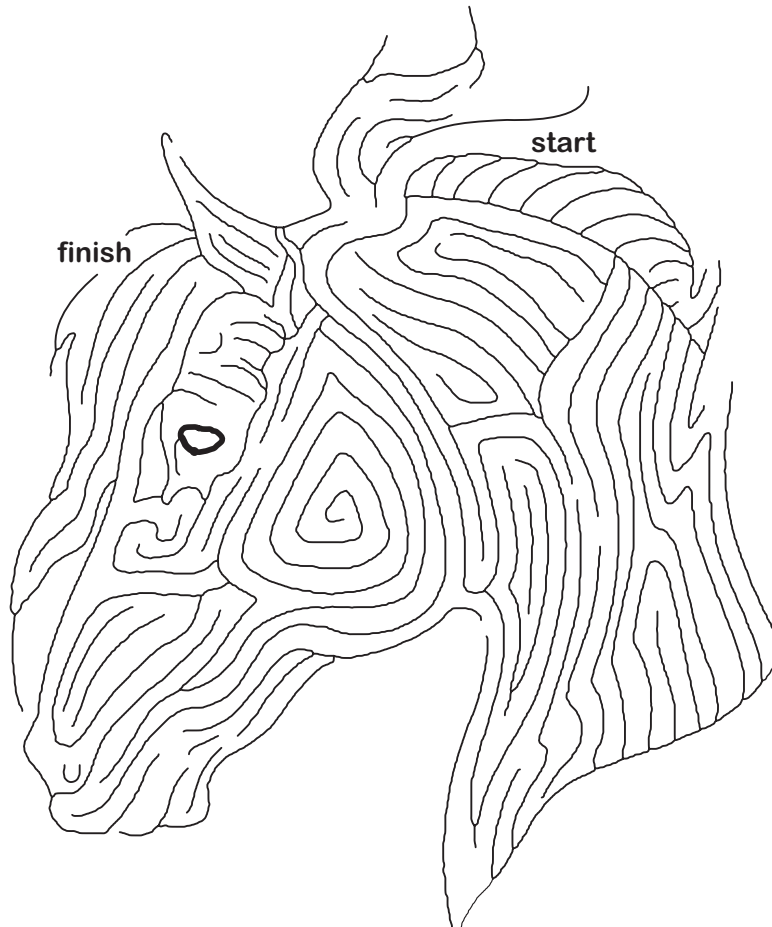


FUN AROUND THE FARM!



OH NO!

It looks like Willie Win has gotten lost. Help Willie find his way back to the farm.



CAN YOU GET THROUGH THE MAZE?

Have fun with this crazy horse maze!
Try timing yourself to see how long it takes you to finish!

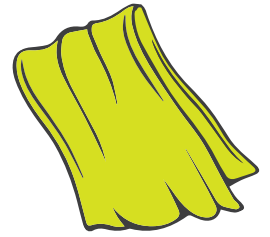
TIME: _____

DID YOU KNOW...

Horses belong to the equus family. The word equus comes from the Greek word meaning quickness. At the start of a race, speeds of up to 50 km/hr can be reached by top harness horses.

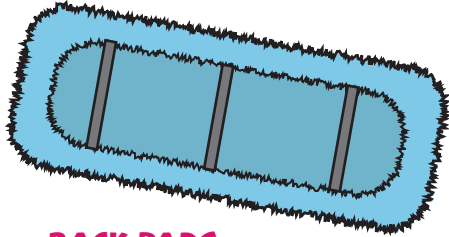


WHAT'S IN WILLIE WIN'S TACK TRUNK?



TOWEL

used to dry off after baths and to give Willie a final shine during grooming



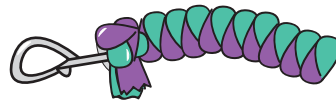
BACK PADS

to protect his back from the harness



HOOF PICK

to clean his hooves out



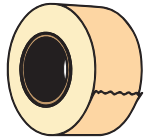
LEAD ROPE

to lead your four-legged friend around



FIRST AID KIT

just in case of emergency



TAPE

to reinforce buckles, etc.



SHAMPOO

for the ultimate bubble bath



HOOF GREASE

to moisturize and help his hooves grow

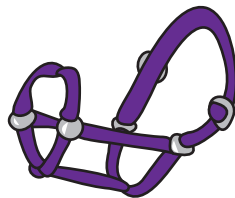
FIRST AID KIT

just in case of emergency



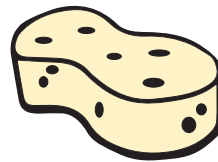
LINIMENTS

for all of Willie's sore spots



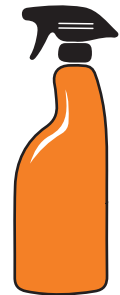
HALTER

always keep an extra one handy



SPONGE

to get into every nook and cranny during Willie's bath time



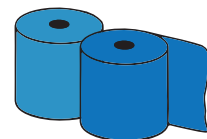
FLY SPRAY

to keep him safe from pests



BRUSHES

to keep Willie spic and span

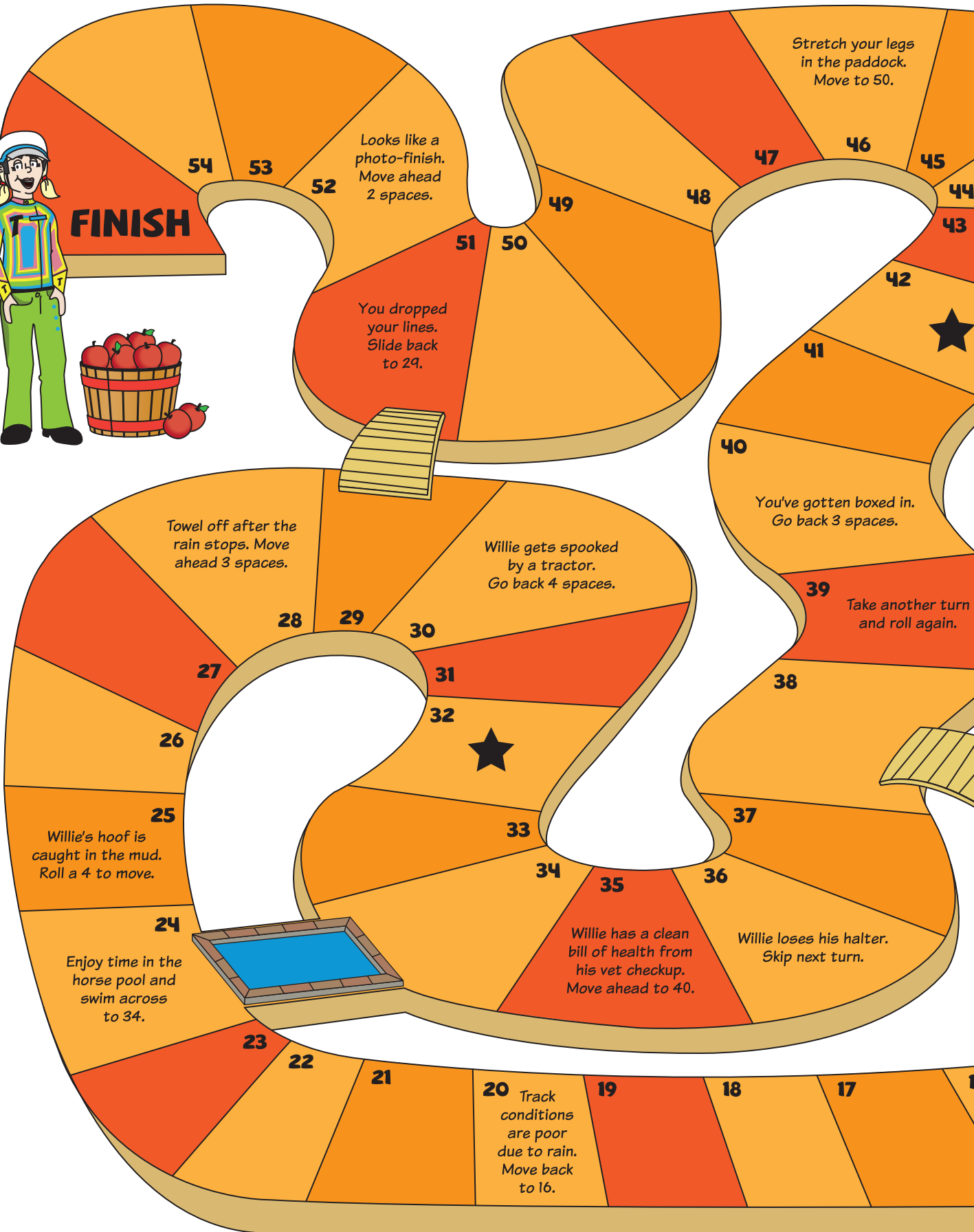
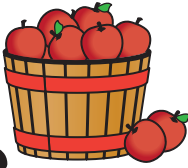


COTTONS/BANDAGES

to keep his legs protected in the stall and trailer

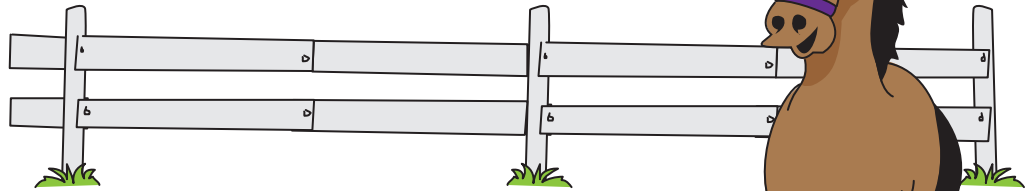


FINISH



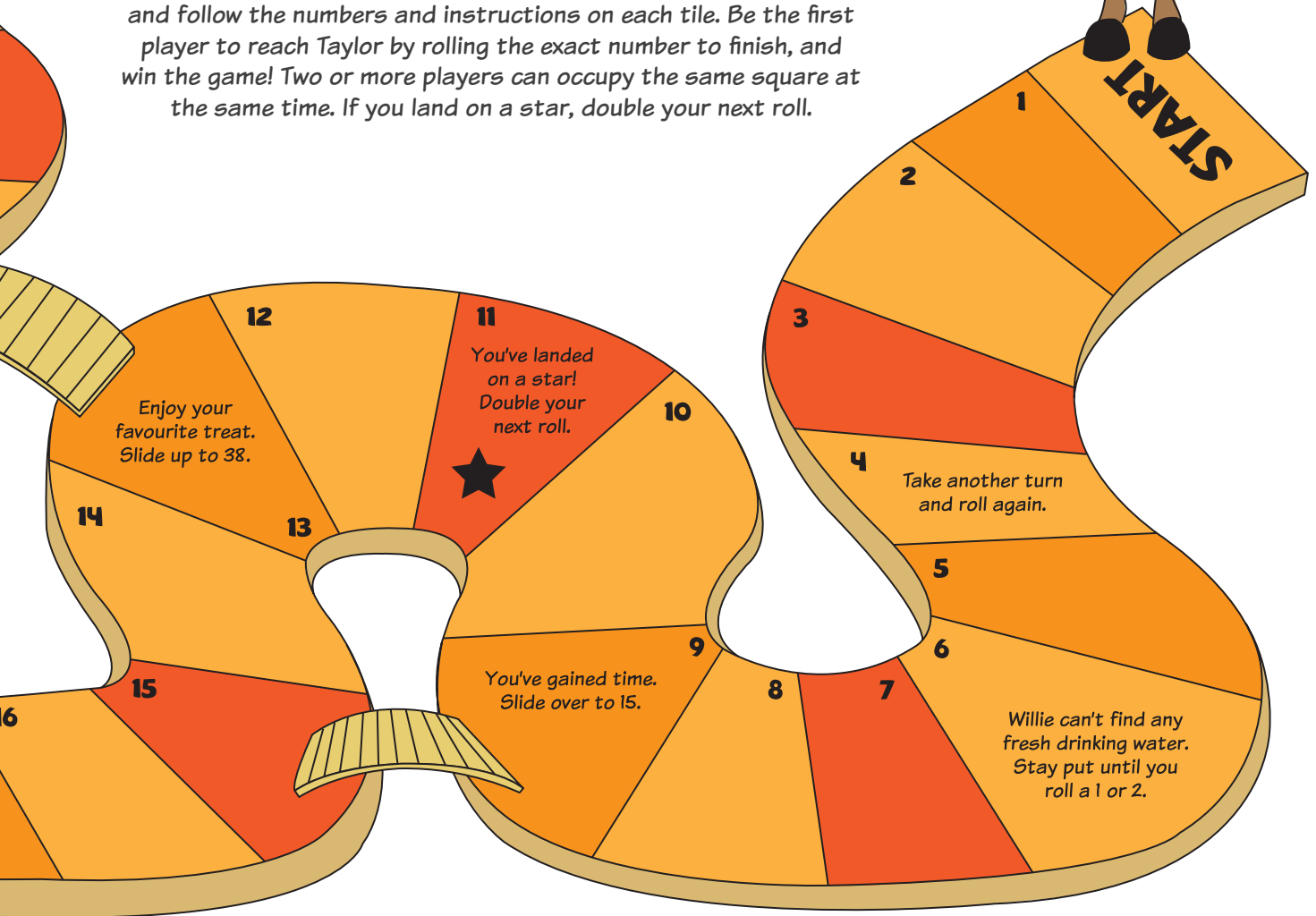
WILLIE WIN'S PACE TO RACE!

Willie is dizzy from the equisizer. Roll a 3 to move again.



RULES & INSTRUCTIONS

Using buttons as playing pieces and one die, help Willie Win cross the board to visit Taylor Trot. Roll a 1 or 2 to move from the START and follow the numbers and instructions on each tile. Be the first player to reach Taylor by rolling the exact number to finish, and win the game! Two or more players can occupy the same square at the same time. If you land on a star, double your next roll.



MIX AND MATCH



Most horses have some markings which help to identify the horse. Each marking will be unique in shape to each horse. Like snowflakes, no two are exactly the same! Match the picture below to its definition.



1. _____



2. _____



3. _____



4. _____



5. _____

SNIP

A white marking on the muzzle, between the nostrils.

BLAZE

A wide white stripe down the middle of the face.

STRIP, STRIPE, OR RACE

A narrow white stripe down the middle of the face.

BALD FACE

A very wide blaze, extending to or past the eyes. Some bald faced horses also have blue eyes.

STAR

A white marking between or above the eyes. If a stripe or blaze is present, a star must be significantly wider than the vertical marking to be named separately.



TRAINING CENTRE TOUR

There are a ton of things to find around a Training Centre. Check out the list below and see what you can find.

- BARN**
- PITCHFORK**
- PADDOCKS**
- TRAILERS**
- HAY**
- ACTION**
- RACETRACK**
- TRACTOR**
- SHAVINGS**
- FARM**
- EQUISIZER**
- MANURE**

J U U R S M O D K A Y W
 T R R I A H A E T J O Y
 I G I A R C A N M F O T
 H I Q N C G T V U G F E
 I A V L F E C I I R D Q
 Y I Y Z R K T H O N E U
 F T R A I L E R S N G I
 P A D D O C K S A R C S
 B A R N Z B C B E C W I
 M I T M R M B B P Y K Z
 E Y O T R A C T O R I E
 P I T C H F O R K D N R

WHAT YOU CAN FIND AT A TRAINING CENTRE

Just like pro athletes, there is a whole routine to how our equine friends get ready and train for race day. Training Centres are where horses live to get in top shape and keep healthy and strong. Below are a few important things you'll find around a Training Centre.

- PADDOCKS:** a spot for horses to stretch their legs and have fun.
- EQUISIZER:** to build and tone muscles on the horse merry-go-round.
- IMPLEMENT SHED:** a building to keep tractors, lawn mowers, etc.
- TRACTOR:** used to move and pull heavy objects around the farm.
- TRACK CONDITIONER:** keeps the track smooth and in tip-top shape.
- BARN:** a well ventilated building which provides shelter for the horses.
- SHAVINGS PILE:** fresh shavings for the stalls.
- HAY STORAGE:** a dry area in which to store hay.
- RACETRACK:** where all the action happens.



DID YOU KNOW...

An adult horse's brain weighs 22 oz, about half that of a human, and is roughly the size of a baked potato.

ANSWERS

(PAGE 4) PARTS OF A HORSE: FILL IN THE BLANKS

- | | |
|----------------|------------|
| 1. Poll | 5. Gaskin |
| 2. Pastern | 6. Stifle |
| 3. Fetlock | 7. Withers |
| 4. Cannon bone | 8. Knee |

(PAGE 5) HORSE TRIVIA

- | | |
|---------------------|--------------------|
| 1. (1) Hands | 4. (3) January 1st |
| 2. (2) Cha Cha | 5. (2) Hoof pick |
| 3. (1) 14 years old | 6. (2) Skirt |

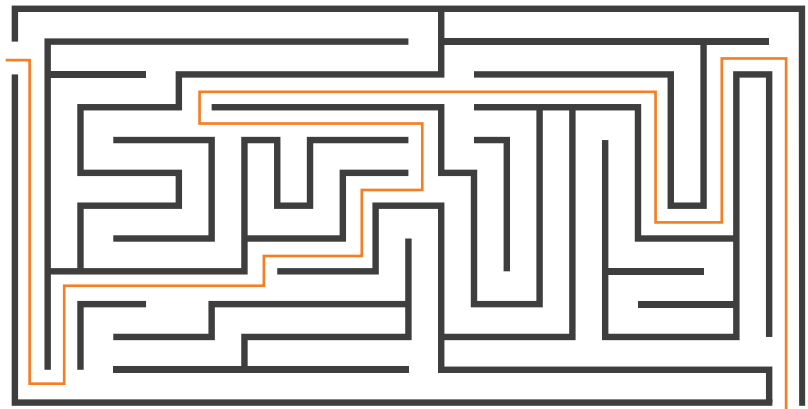
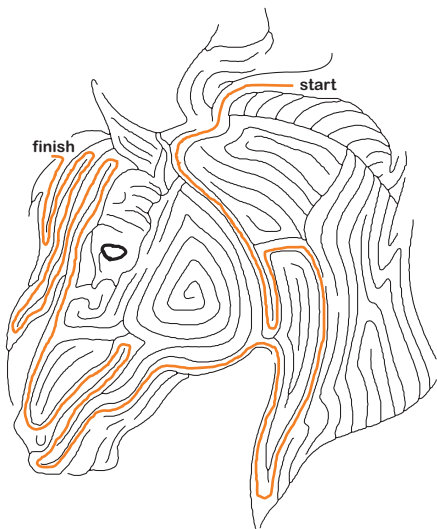
(PAGE 7) TROTTING OR PACING TROTTING

...his **LEGS** are moving diagonally..
 ..his **LEFT** back leg is moving the same way..
 ...his left front leg and **RIGHT** back leg...

PACING

...so is his **RIGHT** hind leg..
 ...when his left **FRONT** leg is moving so is his left **HIND** leg.

(PAGE 8) MAZE



(PAGE 12) MIX AND MATCH HORSE MARKINGS

- | | |
|--------------|---------------------------|
| 1. Bald Face | 4. Star |
| 2. Blaze | 5. Strip, Stripe, or Race |
| 3. Snip | |



(PAGE 13) TRAINING CENTRE TOUR WORD SEARCH

J	U	U	R	S	M	O	D	K	A	Y	W
T	R	R	I	A	H	A	E	T	J	O	Y
I	G	I	A	R	C	A	N	M	F	O	T
H	I	Q	N	C	G	T	V	U	G	F	E
I	A	V	L	F	E	C	I	I	R	D	Q
Y	I	Y	Z	R	K	T	H	O	N	E	U
F	T	R	A	I	L	E	R	S	N	G	I
P	A	D	D	O	C	K	S	A	R	C	S
B	A	R	N	Z	B	C	B	E	C	W	I
M	I	T	M	R	M	B	B	P	Y	K	Z
E	Y	O	T	R	A	C	T	O	R	I	E
P	I	T	C	H	F	O	R	K	D	N	R